

Bistro on the Mile

Guangdong BBQ Lunch Buffet Menu 自助餐菜單

Cooked Prawns with Shell 凍蝦

Cooked Blue Mussel 凍藍青口

Cooked yabbies

Brown Crab 凍蟹

Cooked Green Whelk 翡翠螺

Salad 沙律

Marinated prawn with mango salsa 鮮蝦配芒果莎莎醬

Chicken salad with Fruit and pecan in curry mayonnaise 咖哩雞肉配鮮果合桃沙律

German Potato salad

Spicy papaya with Crab Meat salad 香辣木瓜配蟹肉沙律

Roast beef salad, shitake mushrooms, asparagus 燒牛肉沙律配日本冬菇露筍

Cheese and Sausage Salad 芝士香腸沙律

Pasta salad with smoked salmon

Japanese bean sprouts salad 鮑魚銀芽沙律

Korean noodle salad with mushroom and spring onion 韓式冷麵沙律

Jelly fish and chicken with wasabi mayonnaise salad 海蜆雞肉沙律

Rocket, Endive, Baby Spinach, Butter Lettuce

火煎菜, 萵苣, 菠菜, 牛油生菜

Asparagus 蘆筍, Cucumber 青瓜, Tomato 蕃茄, Pumpkin 南瓜

Kidney bean 腰豆, Baby corn 玉米筍, Mushroom 蘑菇, Beetroot 紅菜頭

Italian dressing, Thousand Island, French dressing

Red Onion, Onions chop, Capers, Lemon wedges, Croutons, Bacon,

紅洋蔥, 洋蔥粒, 酸豆, 檸檬角, 麵包粒, 烟肉粒

Appetizer 前菜

Smoked Ham 煙火腿

Smoked Salmon 煙三文魚

Lyoner Sausage 利安娜腸

Grilled vegetable with balsamic

Cherry tomato and buffalo cheese with basil oil

Marinated prawn with mango salsa 鮮蝦配芒果莎莎醬

Cheese plater

Goat cheese, 羊奶芝士, Whole brie 法國芝士, English Cheddar 車打芝士,

Gouda cheese, Danish Bleu 藍芝士

Grapes, cracker, walnut, dried plum, carrot stick, cucumber stick

提子, 餅乾, 核桃, 西梅乾, 甘筍條, 青瓜條

Soup 湯

Western Soup 西式湯

Chinese Soup 中式湯

Sashimi Station 精選刺身

Salmon, Tuna, Snapper, Amaebi, Sliced abalone,
三文魚刺身、吞拿魚刺身、鯛魚刺身、甜蝦, 仿鮑片,

Assorted ten kinds of sushi 十款精選壽司

Soba Noodles 冷麵

Edamame, Gobo, lotus root 枝豆, 牛蒡, 蓮藕

Noodles station 粉麵檔

Ramen noodle, Udon noodle, bean sprout, wakame, tempura vegetable

Pork belly, bamboo, spring onion, corn, boiled egg,

Miso soup, Soy broth Tokyo style and Pork broth

拉麵, 烏冬, 芽菜, 昆布, 雜菜天婦羅

日式叉燒, 竹筍, 青蔥, 粟米, 溫泉蛋

麵豉湯, 東京醬油湯, 豬骨湯

Tempura Station

Vegetable tempura 雜菜天婦羅

Western Hot Food

Yakitori Chicken with Ginger, Garlic 日式蒜香雞扒

Chicken ballotine with foie gras and ham 鴨肝釀火腿雞卷

Roasted veal fillet with mushroom and foie gras cream sauce 燒牛仔柳配炒雜菌伴鴨肝汁

Pasta with foie gras and truffle sauce 鴨肝黑松露意粉

Sautéed potato and zucchini with basil 香草炒意大利青瓜

Mashed potato

Carving

Bone ham with honey gravy 燒火腿配蜜糖燒汁

Roasted Sirloin 燒西冷

Chinese Hot Food

Wok-fried Prawn with broccoli and garlic 蒜香西蘭花炒蝦仁

Abalone and chicken fried rice 鮑魚雞粒炒飯

Dim sum

Steam fish with ginger and onion

Bean curd stew with crab roe

Fried squid with chili salt

Chinese Guangdong BBQ Station

Roasted BBQ pork 叉燒

Roast pigeon 燒乳鴿

Roasted duck 燒鴨

Soya sauce Chicken 豉油雞

BBQ Pork Belly 脆皮燒肉

Roasted Goose 燒鵝

Suckling Pig 乳豬

Jellyfish and pork knuckle 海蜆燻蹄

Roasted pork back ribs 燒豬寸骨

Roasted chicken liver 燒雞肝

Indian Hot Food

Mushroom Do Pyaza (Veg) 磨菇, 蕃茄咖喱

Kerala Fish Curry 魚咖喱

Parkora (Fritter with vegetable) 印度炸雜菜

Papadum 印度薄脆

Dessert

Bread and Butter Pudding 牛油麪包布甸

Chinese Dessert Soup 中式糖水

Blueberry Cream Cheese Terrine 藍莓芝士蛋糕

Coffee Mascarpone Tart 咖啡意大利芝士撻

Almond Financier w/Lemon Cream 檸檬杏仁費南雪

Mango Cream Cake 芒果忌廉蛋糕

Sea Salt Chocolate Cake 海鹽朱古力蛋糕

German Cheese Cake 德國芝士餅

White Coffee Terrine 白咖啡蛋糕

French Apple Tart 法式蘋果撻

Chestnut Brenton Tart 栗子布頓撻

Vanilla Raspberry Cake 雲喱拿紅桑子蛋糕

Carrot Cake 甘筍蛋糕

Chocolate Banana Cake 朱古力香蕉蛋糕

Strawberry Layer Cake 士多啤梨蛋糕

Grapes Agar Agar 青提啫喱
Raspberry Jelly 紅桑子蛋糕
Ovaltine Crumble Pudding 阿華田木糠布甸
Watermelon
Pineapple
Cantaloupe melon
Vanilla Ice-cream
Chocolate Ice-cream
Strawberry Ice-cream

The food menu items will be on rotation, 菜單會訂期轉換